

What Can I Do With This **Ohio State** Major?

Bachelor of Science

Human Nutrition: Nutrition Science

College of Education and Human Ecology

Nutrition Science is an integrated discipline focused on the role of diet in the prevention and treatment of disease. The Department of Human Nutrition at Ohio State is committed to the discovery of new information about the relationships between diet, physical activity, health, and disease and the application of such knowledge to individuals, communities, and entire populations. The Nutrition Science program will provide students with a well-rounded exposure to biological science, chemistry, physics, nutrition and the anatomy/physiology of the human body. Students are encouraged to participate in research projects or related professional activities. The Nutrition Science option prepares students for admission to medical, dental, optometry and pharmacy schools, as well as graduate programs in nutrition, biomedical sciences, and public health.

Career Areas/Job Titles:

Management and Industry

Food Preparation Manager
Marketing Manager
Pharmaceutical Sales Rep
Fitness Center Nutritionist
Nutritional Product Developer
Technical Writer
Market Research Analyst
Human Resources Manager

Health Professions

Registered Dietician*
Nutrition Scientist

Hospital Food Service Director
Clinical Nutritionist

Education

Lab Technician
Researcher
Professor
Cafeteria Nutrition Specialist
K-12 Health Educator

Non-Profit/Advocacy

Health Promotion Programmer
Rural Community Outreach
Agent

Community Health Counselor
Wellness Center Health
Specialist
Fundraiser/Development
Director

Government/Politics

Public Health Advocate
Legal/Policy Researcher
Policy Analyst
Food Safety Specialist

**Some careers may require licensure, certification, or further education. Talk to an advisor about specific requirements.*

Transferable Skills:

Data Analysis
Computer Skills
Analytical/Critical Thinking
Judgment and Decision-Making
Planning

Organization
Written Communication
Social Perceptiveness
Research skills
Counseling Skills

Technical Writing
Flexibility/Adaptability
Facilitating Group Discussion
Verbal Communication
*Internship required

**This is not an extensive list of transferable skills. See larger list of skills you might develop here:*

<http://ccss.osu.edu>

Professional Links:

Food Nutrition Forum at The Ohio State University
Global Nutrition Club at The Ohio State University
American Dietetic Association: <http://www.eatright.org/>
American Society for Nutrition: <http://www.nutrition.org/>
U.S. Food and Drug Association: <http://www.fda.gov/>